Presented by Kaitlin Clark of Integrative Healing Arts. Creative movement and dance focusing on the body, space, relationships, and quality of movement concepts for work alone, with a partner, and in small groups. The techniques and concepts incorporates the uses of problem solving, cognitive, cooperative, and improvisation learning techniques. Props are also used including beanbags, hula hoops, scarves, jump ropes instruments and more! Children's literature books are the focus on a theme such as numbers, letters, animals, insects, ocean, country, color, farm, etc. Laugh, dance and feel the JOY of movement!