

Dear Parent or Guardian:

The Litchfield School District Food and Nutrition Services Department welcomes your child for the 2017-2018 school year. Children need healthy meals to learn. At Litchfield School District we are always working to offer students healthier and tastier choices. School meals are a great value and a huge convenience for busy families too!

Breakfast is offered at all of our schools. Center School has breakfast delivered to the classroom before students arrive for any student that ordered it. At Litchfield Intermediate School, breakfast is served in the cafeteria upon arrival. And this year we will be adding a **grab n go cart** at the entrance of the building. This will allow students to grab a healthy breakfast on their way to class. At the Middle/High School breakfast is served in the cafeteria.

Litchfield School District offers healthy meals every school day. The prices of meals: The breakfast and lunch prices for this school year are as follows:

K – 6	Breakfast \$ 1.50	Lunch \$3.00
7 – 12	Breakfast \$ 2.00	Lunch \$3.25

Your children may qualify for free meals or for reduced price meals. Children who qualify for free meals will qualify for a free breakfast and lunch daily. Applications are available on our web site. An applications need to be filled out ***every school year***. Reduced price is \$0.30 for breakfast and \$0.40 for lunch. **SNACKS ARE NOT PART OF THE FREE/REDUCED LUNCH PROGRAM.**

We have included a copy of the August & September Breakfast & Lunch menu. For your convenience menus are posted on the school web site under food services and under each individual school. A nutritional breakdown of each day's menu listing the total calories, fat, carbohydrates and protein is available on litchfieldschools.nutrislice.com.

The food service department allows students to charge a lunch when they do not have the money; however, we **do not allow the charging of snacks or a la carte items**. Charge notices will be sent home with your child. If your child owes more than \$5.00 at the Middle/High School and \$10.00 at Center and Intermediate we will not refuse them a lunch, but will allow them to charge an alternate lunch consisting of a sandwich, vegetable, fruit and milk.

SUGGESTED MONTHLY FOOD PLAN BALANCES					
<i>School</i>	<i>Lunch Only</i>	<i>Breakfast Only</i>	<i>Breakfast & Lunch</i>	<i>Daily Snack</i>	<i>Deposit Amount</i>
Center & Intermediate	Typical \$75.00 Reduced \$10.00	Typical \$37.50 Reduced \$7.50	Typical \$112.50 Reduced \$17.50	\$1.25 each \$31.25 Monthly	Typical \$143.75 Reduced \$48.75
Middle & High school	Typical \$81.25 Reduced \$10.00	Typical \$50.00 Reduced \$7.50	Typical \$131.25 Reduced \$17.50	\$1.25 each \$31.25 Monthly	Typical \$162.50 Reduced \$48.75

We limit the sales of ice cream sold at the elementary to Fridays. We sell many a la carte snacks and beverages at other schools daily. The price for milk is \$0.50 and the choices include: 1% white, skim white, skim chocolate, and skim strawberry. **We do not let any students charge snack items or milk. Nor do we allow a student to buy a snack if they currently owe the cafeteria money.**

Students with special dietary needs that require a meal substitution must have a special dietary needs should have a form filled out by their physician. The forms are available from the school nurse. This includes substituting juice for milk. This is a Department of Education guideline that we are required to follow.

We offer an on-line payment system for school meals at www.myschoolbucks.com. This provides you with the convenience and information you will need to manage your child's meal account. For a small program fee, you may make an online prepayment into your child's meal account using a check, credit card, or debit card at www.myschoolbucks.com. It is very much appreciated when you place money in your child's account. This allows the lunch lines to move much faster and give students more time to eat lunch. If you do not wish to prepay for your child's meal account using the online system, please send a check to Litchfield Public Schools Food Service. Please be sure to mark your child's name on the check.

We look forward to welcoming your children to the cafeteria this fall. Please feel free to contact me if you have any questions, concerns or suggestions.

Thank you!
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 Regional Food Service Director
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