



**AVON PUBLIC SCHOOLS
CANTON PUBLIC SCHOOLS
LITCHFIELD PUBLIC SCHOOLS
REGIONAL SCHOOL DISTRICT #10
NUTRITION SERVICES
MARGARET E. DREHER
DIRECTOR OF NUTRITION SERVICES**

Parents and Guardians of Litchfield Public Schools Students:

The 2019 and 2020 school year brings new and exciting changes to Litchfield's Food Service Programs. My name is Maggie Dreher and I will be overseeing the Food Service Programs in my capacity as Director of Nutrition Services. I come to Litchfield with twenty years' experience as a child nutrition director and am excited to be working with Nicole Maxellon, the Assistant Director of Nutrition Services, as well as all of the competent, caring staff who work daily serving individual schools.

Nicole and I are committed to meet and/or exceed the USDA's and the Connecticut State Department of Education standards for the National School Lunch Program because we, too, know the studies which show that well-fed students have fewer absences and perform better academically. Therefore, all schools in the Shared Services Consortium – Litchfield, Avon, Canton and Regional School District #10 – will enjoy a nutrition-based meal prepared with high-quality, fresh, local ingredients whenever possible. For example, our fresh apples and peaches are purchased locally from Hayward Orchards in Harwinton. Our deli sandwiches and salads are prepared with Boar's Head Heart Healthy Deli Meats. Students and staff will see a large variety of whole grains, fresh fruit and vegetables, legumes and low-fat and fat-free dairy products, as well as many meals prepared from scratch. Our entire team of food service staff is committed to providing nutritious, great tasting and affordable breakfast and lunch to our students and staff supporting the educational process.

Litchfield Public Schools certifies to comply with Connecticut Nutrition Standards for healthy snacks, which focuses on limiting fat, saturated fat, trans fat, sodium and added sugars and moderating portion sizes. Litchfield is also a participant in the Department of Defense Fresh Fruits and Vegetables Program making a variety of fresh fruits and vegetables available daily.

Nicole and I will diligently adhere to the above stipulations of Litchfield's certification of compliance. In addition to breakfast and hot lunch, Center school and the Intermediate School students and staff with have the option of a bento box meal, a freshly prepared salad meal, and/or a WOW butter and jelly meal. **The price for breakfast is \$.30 for families who qualify for reduced priced meals and \$1.50 for paid students. The price for lunch is \$.40 for families who qualify for reduced priced meals and \$3.00 for paid students. The price for Adult lunch is \$4.00.**

24 Lyon Rd.
Burlington, CT 06013
860 673-2538

At Litchfield Middle/High School – in addition to breakfast – students and staff will choose from the scheduled hot lunch, an alternate hot lunch, assorted salads, and the Boar’s Head deli lunch. **The price for breakfast is \$.30 for families who qualify for reduced priced meals and \$2.00 for paid students. The price for lunch is \$.40 for families who qualify for reduced priced meals and \$3.25 for paid students. The price for Adult lunch is \$4.00.**

We encourage parents to utilize our online payment system. To set up an account please go to www.myschoolbucks.com. We also accept cash or checks for payment. Checks should be made payable to “Litchfield Public Schools” with the **student’s name in the memo field**. Please put in an envelope with the student’s name and pin number.

We will not allow a child to go hungry. If your child does not have funds on account or payment for a meal, he/she will be provided one and the amount will be charged to his/her account. Charging of ala carte items is not allowed. If you feel you may qualify for Free or Reduced Priced Meal Benefits, you may apply at any time throughout the school year by completing the brief application at www.litchfieldschools.org.

I am very excited to be working with you and our staff to provide the best meals possible for all. If you have any questions or concerns please contact Nicole Maxellon at maxellonn@litchfieldschools.org or Maggie Dreher at dreherm@litchfieldschools.org.

Hoping you have a very happy and successful school year.

Regards,

Maggie

Margaret E. Dreher

Director of Nutrition Services



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